Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Sunday 09 Jul 2023 until 23:59 on Monday 10 Jul 2023

Forecast Issued on Sunday 09 Jul 2023 at 02:38 by Met Office Aberdeen

Confidence: Low for extent of any showers on Sunday. High for changeable weather with showers early next week.

Headline for Sunday 09 Jul 2023: Mainly dry and bright, chance of an afternoon shower

Mountain weather hazards on Sunday 09 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms Low Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Clear night
Precipitation probability					
40%	10%	30%	30%	20%	00%

Forecast for Sunday 09 Jul 2023

Weather: Any early rain soon clearing north with most of the day bright with some sunny intervals. An odd heavy shower may break out in the afternoon and early evening, these most likely inland across Argyll, the Trossachs and southern Lochaber.

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Some patchy low cloud down to 500 metres at first. Otherwise good visibility with cloud largely above summits.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 09 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	18/21 S	14/18 S	16/23 SW	14/20 SW	14/19 SW	14/17 SE	13/17 SE
900	11/15 SE	10/14 S	13/19 SW	11/17 SW	10/15 SW	9/13 S	10/14 SE
600	10/13 S	12/16 SW	14/21 SW	12/18 SW	10/15 SW	10/14 S	10/13 S
300	5/8 S	8/12 SW	11/18 SW	9/15 SW	8/13 SW	6/10 S	6/10 S
Glen	3/7 SW	6/11 SW	10/18 SW	9/16 SW	7/13 SW	4/9 S	4/9 S

Height (m)	Temperature / Feels Like (°C)						
1300	9/6	8/4	9/5	10/7	9/6	7/4	6/2
900	10/8	11/9	13/11	14/11	13/11	10/8	8/6
600	13/11	13/11	14/12	15/13	15/13	13/11	11/10
300	13/13	15/14	17/15	18/16	17/16	15/14	13/12
Glen	14/14	18/17	20/17	20/18	19/18	16/16	14/14
Freezing Level*	2700m	2300m	2000m	2300m	2300m	2200m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add

Forecast for Monday 10 Jul 2023
Weather: After a dry and bright start it will cloud over through the morning with showers or longer spells of rain developing by the afternoon. Some heavy rain or thunderstorms possible.

Maximum wind: Southerly 15 mph

Chance of cloud-free hill tops above 800m: 70%

Low Cloud and visibility: Good visibility although some patchy cloud around 500 metres at first. Then cloud mostly at 900 metres or above, although some patches developing down to 650 metres in the evening.

Temperature: **Glens:** Plus 12 rising to 19 Celsius
At 800m: Plus 12 Celsius
Freezing level: Above summits

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